

# THE BIOENGINEERING OF SPORT

September 11 – 14, 2023



Aula Magna, Casa della Gioventù universitaria, Università di Padova, Via Rio Bianco, 12, 39042 Brixen (Italy) & online

Info: XLII Annual School 2023 – Announcement (grupponazionalebioingegneria.it)



# Aim of the School

The impact of technology on sports is rapidly increasing, fostered by technological progress and digitalization. This school aims at offering students an overview of latest trends and operative tools to assess and enhance athlete performance, to prevent or to recover from injury, and to support coaching staff through bioengineering approaches. The activities of the school will include lectures by recognized experts and hands-on computational projects on how to build an "athlete digital passport". This integrates metrics for monitoring the musculoskeletal, cardiovascular, respiratory and metabolic system of the athlete, as well as in-field sport data analytics, to improve sport training, to perfect athletic movement and sport gestures, and to reduce the risk of injuries.

#### **Chairs:**

Laura Burattini (UNIVPM)
Valentina Camomilla (UNIROMA4)
Marco Knaflitz (POLITO)

#### **Scientific Organizers:**

Micaela Morettini, Agnese Sbrollini (UNIVPM) Elena Bergamini, Giuseppe Vannozzi (UNIROMA4) Valentina Agostini, Andrea Cereatti, Marco Gazzoni (POLITO)

## **Local Organizers**:

Gruppo Nazionale di Bioingegneria (GNB)

## **Organizing Secretary:**

Pragma Congressi (Pavia)



UNIVERSITÀ POLITECNICA DELLE MARCHE







# **Abstract**



Sport bioengineering exploits engineering principles to evaluate and enhance sport performances and protect athletes' safety. A timely monitoring of sports and exercise, aimed at improving performance as well as preventing or recovering from injury, is a key part of the contemporary sports and fitness industry and entails the use of technology to collect and analyze data.

Bioengineering potential in this field has been greatly expanded by the rise of bigdata science and wearable technology allowing possible and affordable data collection, for mainstream sports. Transforming raw data into actionable insights requires rooting this transformation into a trans-domain competence which should nurture research development towards bridging the gap between bioengineering development and sports stakeholders.





The XLII GNB school brings students to consider the specificity of the sport domain in problems and applications of biomedical engineering, combining the need for extremely accurate information with the challenge of unfavorable measuring and data analysis scenarios. Indeed, the applications are not limited to elite athletes and high-level sport clubs. Rather, they extend to other contexts where resources may be lacking (e.g., young athletes, non-professional athletes, athletes/persons with disability).

Benefitting from the on-field experience of lecturers, mentors, and keynote speakers, the school will follow a hands-on teaching approach. Students will collaboratively explore the building bricks of defining an athlete's profile for safe and efficient performance.





The school will widen the perspective on the students bioengineering culture, allowing them to intersect the increasingly important sports monitoring research and practice.

# **Speakers**

(in alphabetical order)

Agostini V. (POLITO)

Aliverti A. (POLIMI)

Ambrosini E. (POLIMI)

Bailon R. (UNIZAR)

Barbieri R. (POLIMI)

Bergamini E. (UNIROMA4)

Bibbo D. (UNIROMA3)

Bondi D. (UdA)

Brocchini M. (UNIVPM)

Burattini L. (UNIVPM)

Camomilla V. (UNIROMA4)

Castiglione F. (IAC CNR)

Cereatti A. (POLITO)

Cerone G.L. (POLITO)

Comani S. (UdA)

Cutti A.G. (INAIL)

Di Stanislao E. (ITOP)

Facchinetti A. (UNIPD)

Fantozzi S. (UNIBO)

Ghislieri M. (POLITO)

Giacomozzi C. (ISS)

Knaflitz M. (POLITO)

Llorca D. (NUBOO)

Massaroni C. (CAMPUS BIOMED)

Mationi Maturana F. (UNITUBINGEN) Tripodi V. (POLITO)

Morettini M. (UNIVPM)

Nicolò A. (UNIROMA4)

Palumbo M.C. (IAC CNR)

Pani D. (UNICA)

Pavei G. (UNIMI)

Pedrizzetti G. (UNITS)

Pedrocchi A. (POLIMI)

Preatoni E. (UNIBATH)

Pozzi M. (ORA)

Ramat S. (UNIPV)

Sacchetti M. (UNIROMA4)

Sawacha Z. (UNIPD)

Sbrollini A. (UNIVPM)

Spanu A. (UNICA)

Vannozzi G. (UNIROMA4)

Zitti G. (UNIVPM)

Zok M. (N3XT SPORTS)



# **School Program**

	Monday-11/09/2023	Tuesday-12/09/2023	Wednesday-13/09/2023	Thursday-14/09/2023	
9.00-9.15	Opening of the GNB School				
9.15-9.30	(Burattini L., UNIVPM; Camomilla V., UNIROMA4; Knaflitz M., POLITO)	Cardiovascular safety in sport: the issue of prevention (Pozzi M., ORA)	Exercise and Metabolism: addressing the problem (Sacchetti M., UNIROMA4)	Human Neuroscience in Sport Sciences (Comani S., UdA)	
9.30-9.45	Movement in sport: addressing the problem			(contain 5., 5th)	
9:45-10.00 10.00-10.15	(Preatoni E., UNIBATH)	Cardiac modeling in sport (Pedrizzetti G., UNITS)	Mathematical modelling in exercise immunometabolism (Morettini M., UNIVPM)	Biomechanics and bioenergetics in sport (Pavei G., UNIMI)	
10.15-10.30	Movement devices (IMU, stereo, video, GPS)	Vascular modelling in sport	Computational modelling of fuel homeostasis	Musculoskeletal modeling in sport	
10.30-10.45	(Vannozzi G., UNIROMA4)	(Zitti G., UNIVPM)	during exercise (Palumbo M.C., IAC CNR)	(Sawacha Z., UNIPD)	
10.45-11.00	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
11.00-11.15	Movement devices (force, pressure)	Cardiovascular devices	Continuous glucose monitoring: past, present and	Gaze orientation and stabilization in sport (Ramat S., UNIPV)	
11.15-11.30	(Giacomozzi C., ISS)	(Llorca D., NUBOO)	future challenges (Facchinetti A./Cappon G., UNIPD)		
11.30-11.45	Movement devices (EMG)	Heart rate and heart-rate variability in sport		Engineering solutions for sport inclusion	
11.45-12.00	(Cerone G.L., POLITO)	(Barbieri R., POLIMI)	Talk and Hands-on session on:	(Di Stanislao E., ITOP)	
12.00-12.15 12.15-12.30	Unconventional electrodes for unobtrusive biopotentials monitoring: from wearable to	ECG signal processing in sport (ECG) (Bailon R., UNIZAR)	Analysis of glycemic variability during sport (Mationi Maturana F., UNITUBINGEN;	Impact: para-sports (Cutti A.G., INAIL)	
12.30-12.45	more-than-wearable (Pani D./Spanu A., UNICA)		Morettini M., UNIVPM)		
12.45-13:00				Para-sport: the Cybathlon experience (Ambrosini E., POLIMI)	
13.15-13.30	Lunch Break	Lunch Break			
13.30-13.45	Zunon Zieun	Zunon Zioun			
13.45-14.00			Lunch Break	Lunch Break	
14.00-14.15	No. leien als la company and a selection and in a s		Danish Disan	Zunon Zieun	
14.15-14.30	Multimodal movement analysis in cycling (Bibbo D., UNIROMA3)	The importance of breathing monitoring in sport and exercise			
14.30-14.45		(Nicolò A., UNIROMA4)			
14.45-15.00	Talks and Hands-on session on:		Award Ceremony	Etica nello sport - Doping e doping tecnologico (Tripodi V., POLITO)	
15.00-15.15		Respiratory devices (Aliverti A., POLIMI)	Award deteriony		
15.15-15.30	In field signal processing in running (Bergamini E., UNIROMA4)	, , ,			
15:30-15.45	Biomechanical analysis of foot strike patterns	Signal processing in respiration (Massaroni C., CAMPUS BIOMED)	Lectio Magistralis: Data Analytics		
15.45-16.00	with wearable sensors in running		(Zok M., N3XT SPORTS)	Students' pitch & Awards	
16.00-16.15	(Fantozzi S., UNIBO)	Talks and Hands-on session on:		Students pitch & Awards	
16.15-16.30	- Extraction of muscle synergies in sport (Agostini V., POLITO)				
16.30-16.45	Extraction of muscle synergies in sport:	Cardiovascular self monitoring in sport (Sbrollini A., UNIVPM)	Hands-on session on:		
16.45-17.00	application to the evaluation of	Respiration in extreme enviroments	Data analytics	Closing Ceremony	
17.00-17.15	chronic ankle instability (Ghislieri M., POLITO)	(Bondi D., UdA)	(Cereatti A., POLITO)		
17.15-17.30	(				
17.30-17.45				Satellite event	
17.45-18.00				Sport activities	
18.00-18.15					
18.15-18.30					













Hands-on session Break Social and other activities

# **Additional appointments:**

- Social dinner and student aperitif 13/09/2023 at 7.30pm
- GNB Assembly will be held on Friday 15/09/2023 at 9.00am



# **Registration fee**

All registration fees, except for «Student – light», include the school book (by Patron).

All registrations fees include VAT.

#### For GNB members:

	Participants	Early bird (up to Aug 11, 2023)	Late (up to Sep 5, 2023)	Onsite*
	Standard	300€	400€	500€
PHYSICAL ATTENDANCE	PhD student	140€	190€	240€
	One day	-	-	150€
VIRTUAL	Standard	110€	160€	-
ATTENDANCE	PhD student	60€	90€	-

#### For NON-GNB members\*\*:

	Participants	Early bird (up to Aug 11, 2023)	Late (up to Sep 5, 2023)	Onsite*
	Standard	490€	650€	780€
PHYSICAL	Endorsing society	370€	490€	615€
ATTENDANCE	PhD student	200€	290€	435€
	One day	-	-	235€
	Standard	240€	320€	-
	Endorsing society	180€	240€	-
VIRTUAL ATTENDANCE	PhD student	120€	180€	-
	Student	65€	100€	-
	Student - light	25€	60€	-

<sup>\*</sup>upon sits availability

<sup>\*\*</sup>GNB STANDARD MEMBERSHIP 50€; GNB PHD-STUDENT MEMBERSHIP 30€
To register to the school as a GNB member, GNB membership code is required. To become a member, please visit: <a href="https://soci.grupponazionalebioingegneria.it/utenti/front/accedi">https://soci.grupponazionalebioingegneria.it/utenti/front/accedi</a>.